



## Summary of Services:

# Vitable + MEC

Vitable MEC plans provide affordable coverage that meets the requirements under the Affordable Care Act, which avoids members from paying the “Employer Mandate” penalty. Vitable Inc. is a management services organization. All clinical services are provided by Vitable-affiliated professional corporations.



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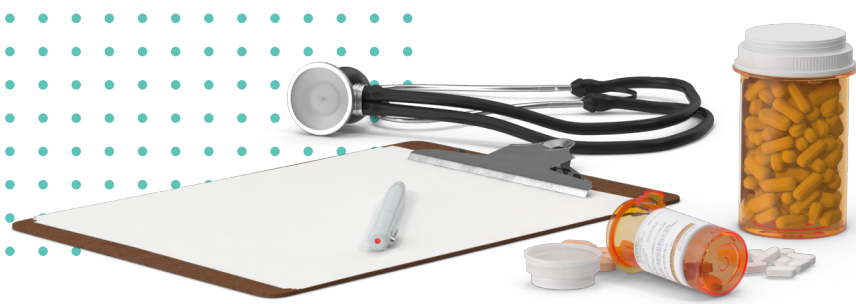


## Vitable + MEC Summary:

Vitable provides an open-network, affordable coverage plan for ACA compliance and everyday risks.

**The Vitable Minimum Essential Coverage (MEC) Plan** covers your employees for preventative services (including contraceptives) with no annual or lifetime limits.

Give your employees and their families access to preventative care at no cost to them. With this plan, there is an open-network concept meaning your employees can see the provider of their choice and get reimbursed for their care at 100%



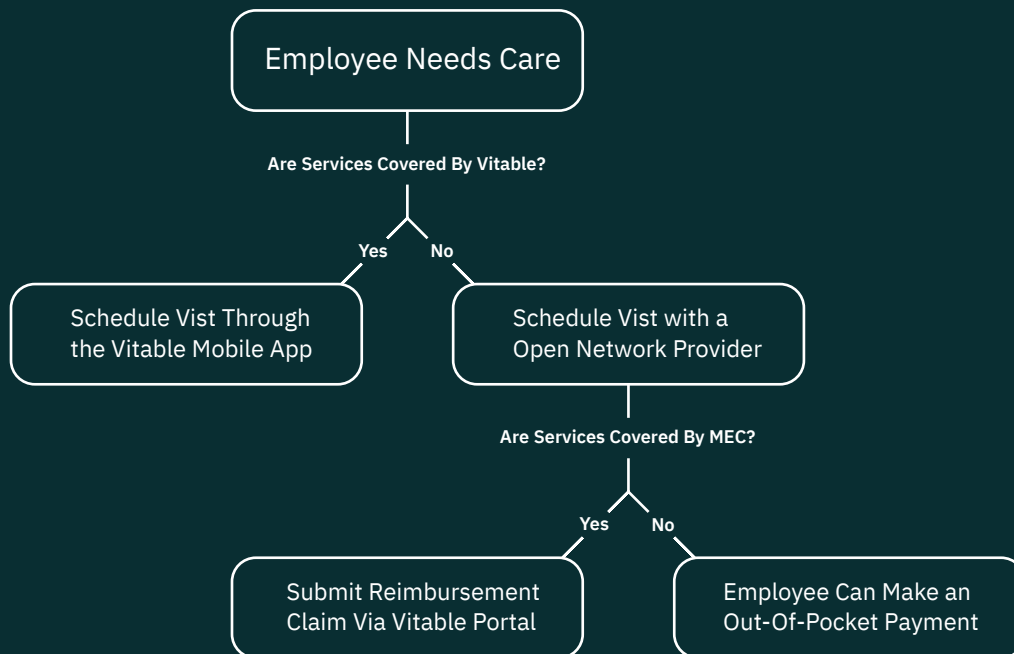
# Vitable vs. Traditional MEC:

	Traditional MEC	Vitable	Vitable + MEC
Cost Per Employee	\$80/mo	Included	\$50/employee
Cost Per Dependent	\$25/mo	Free	\$20/person
Deductible?	Yes	No	No
Co-Pays?	Yes	No	No
In-Network Providers?	Yes	<b>Vitable Network</b> CVS MinuteClinic Quest Diagnostics LabCorp	<b>Vitable Network</b> Employees can see any provider and request reimbursement
Reimbursement Request Needed?	Yes	No charge for Vitable network covered services	No charge for Vitable network covered services Reimbursement needed for open network providers.
Mental Health	No	Yes	Yes
Prescription Discount Card	No	Yes	Yes
1,000+ Free Medications	No	Yes	Yes
Imaging	No, Preventative Only	Yes	Yes
Labs	No, Preventative Only	Yes	Yes
Minimum Essential Coverage	Yes	No	Yes

# How it Works:

The Vitable MEC plan is the simplest and most cost-effective way for your business to begin offering health coverage:

- Your employees can get preventative care covered at 100% with the providers of their choice.
- As an employer, use the Vitable MEC plan to meet your requirements under the ACA.
- Employees accept the MEC plan through Vitable’s portal and add bank accounts to enable automated direct deposits for reimbursements.
- Each month, employer contributes a set amount for each employee into a separate account to cover expected expenses
  - *As employees receive care, they request a reimbursement through the Vitable portal.*
  - *The Vitable portal reviews and approves any reimbursement requests.*
  - *Your employees get money deposited directly into their bank accounts*
  - *When employees use the Vitable app for care , no payments or reimbursements are required*



# Enrollment Process:

## Setting up your MEC Plan

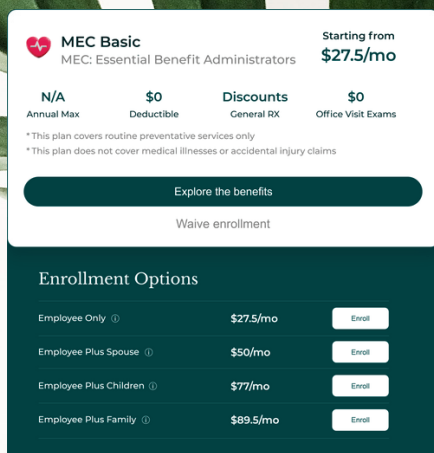
All enrollments and reimbursements for your MEC plan are offered through the Vitable platform.

1. Upload your employee census and approve your plan documents.
2. Each employee will accept or waive their participation in the MEC plan. Employees who accept the benefit will add their bank accounts to enable automated direct deposit for reimbursements.
3. When an employee has a bill, they upload it to the Vitable platform and receive a reimbursement if the service is covered. If an employee uses the Vitable Health Plan, there is no charge or reimbursement required.

## Employee Portal

We manage employee enrollments end to end:

- Through the Vitable employee portal, employees can manage reimbursements and view the eligible expenses and associated documents.
- Our best in class support team is available to help triage and solve any issues



**MEC Basic**  
MEC: Essential Benefit Administrators    Starting from **\$27.5/mo**

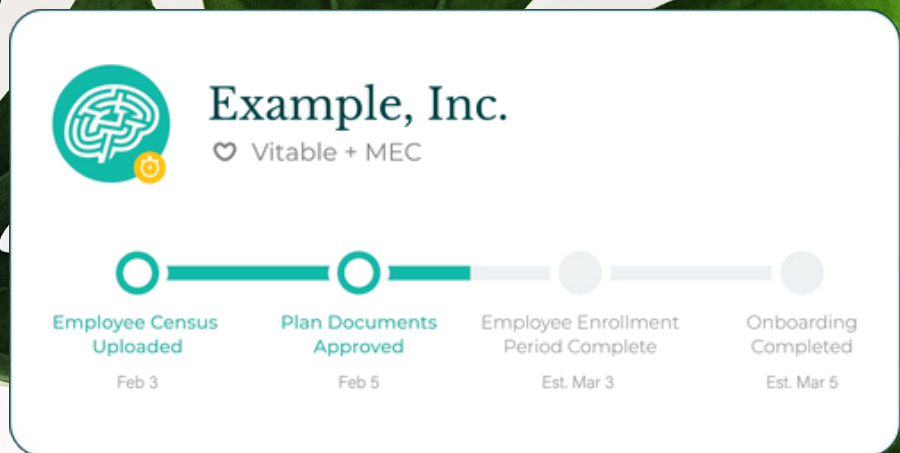
N/A Annual Max	\$0 Deductible	Discounts General RX	\$0 Office Visit Exams
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\* This plan covers routine preventative services only  
\* This plan does not cover medical illnesses or accidental injury claims

[Explore the benefits](#)  
[Waive enrollment](#)

### Enrollment Options

Employee Only ⓘ	\$27.5/mo	<a href="#">Enroll</a>
Employee Plus Spouse ⓘ	\$50/mo	<a href="#">Enroll</a>
Employee Plus Children ⓘ	\$77/mo	<a href="#">Enroll</a>
Employee Plus Family ⓘ	\$89.5/mo	<a href="#">Enroll</a>



**Example, Inc.**  
Vitable + MEC

Progress bar showing four steps:

- Employee Census Uploaded** (Feb 3) - Completed
- Plan Documents Approved** (Feb 5) - Completed
- Employee Enrollment Period Complete** (Est. Mar 3) - In Progress
- Onboarding Completed** (Est. Mar 5) - Pending

# Covered Services | Adults

Service:	Network Providers	Benefit Limitations
Abdominal Aortic Aneurysm	Plan Pays 100%	One time screening for males ages 65-75 who have ever smoked.
Alcohol Misuse Screening	Plan Pays 100%	N/A
Aspirin Use for Men & Women	Plan Pays 100%	One Aspirin use consultation for women ages 45-79 and men 55-79.
Blood Pressure Screening	Plan Pays 100%	One screening every two years for ages 18-39. One screening per calendar year for ages 40 & over.
Cholesterol Screening	Plan Pays 100%	One screening per calendar year for men 35 & older. Or have heart disease or risk factors for heart disease
Depression Screening	Plan Pays 100%	N/A
Type 2 Diabetes Screening	Plan Pays 100%	Screening for adults with high blood pressure only.
HIV Screening	Plan Pays 100%	Screening for adults at higher risk of chronic disease.
Immunizations	Plan Pays 100%	One Immunization Per Year for the following: Hepatitis A, Hepatitis B, Herpes Zoster, Diphtheria Influenza, Measles, Mumps, Rubella, Meningococcal, Pneumococcal, Tetanus, Pertussis, Varicella
Obesity Screening & Counseling	Plan Pays 100%	N/A
STI Screening	Plan Pays 100%	N/A
Tobacco Use Screening	Plan Pays 100%	N/A

# Covered Services | Women

Service:	Network Providers	Benefit Limitations
Well-Women Visits	Plan Pays 100%	
Anemia Screening	Plan Pays 100%	For pregnant women.
Bacteriuria UTI/Infection Screens	Plan Pays 100%	For pregnant women.
Breast Cancer Screening	Plan Pays 100%	Screenings every 1 to 2 years for women over 40 years old.
Chemoprevention Counseling	Plan Pays 100%	Counseling for women at high risk.
Cervical Cancer Screening	Plan Pays 100%	Women ages 21-39 pap test every 3 years. Women ages 30-65 every 3 years if you only have a pap test. Every 5 years if you have both a pap test and an HPV test.
Chlamydia Infection Screening	Plan Pays 100%	For younger women & women at high risk.





# Covered Services | Children

Service:	Network Providers	Benefit Limitations
Alcohol & Drug Use Assessments	Plan Pays 100%	N/A
Autism Screening	Plan Pays 100%	For children at 18-24 months.
Behavioral Assessments	Plan Pays 100%	For children to age 18.
Blood Pressure Screening	Plan Pays 100%	For children to age 18.
Cervical Dysplasia Screening	Plan Pays 100%	For sexually active females.
Congenital Hypothyroidism Screen	Plan Pays 100%	For newborns.
Depression Screening	Plan Pays 100%	For teenagers ages 12-18.
Developmental Screening	Plan Pays 100%	For children under 3 & surveillance through childhood.
Immunizations	Plan Pays 100%	One Immunization Per Year for the following: Hepatitis A, Hepatitis B, Herpes Zoster, Diphtheria Influenza, Measles, Mumps, Rubella, Meningococcal, Pneumococcal, Tetanus, Pertussis, Varicella
Dyslipidemia Screening	Plan Pays 100%	For children at high risk of lipid disorders.
Fluoride Chemoprevention	Plan Pays 100%	For children without fluoride in their water sources.
Hearing Screenings	Plan Pays 100%	For all newborns.
Height, Weight & BMI Screens	Plan Pays 100%	For children to age 18.
Hematocrit/Hemoglobin Screens	Plan Pays 100%	For children to age 18.t

# Covered Services | Children Cont.

Service:	Network Providers	Benefit Limitations
Sickle Cell Screenings	Plan Pays 100%	For all newborns.
HIV Screening	Plan Pays 100%	For sexually active children.
Iron Supplements	Plan Pays 100%	For children ages 6-12 months at risk of anemia.
Lead Screening	Plan Pays 100%	For children at risk of exposure.
Medical History	Plan Pays 100%	For all children throughout development.
Obesity Screening & Counseling	Plan Pays 100%	For children to age 18.
Oral Health	Plan Pays 100%	At risk assessment for your children ages newborn-10.
Phenylketonuria (PKU) Screening	Plan Pays 100%	For genetic disorders in newborns.
STI Screening & Counseling	Plan Pays 100%	For children at higher risk, includes gonorrhea preventive medication for newborn eyes
Tuberculin Testing	Plan Pays 100%	For children at higher risk of tuberculosis to age 18.
Vision Screening	Plan Pays 100%	For children to age 18.

# Vitable Summary of Services:

## Care Delivery

Vitable provides its members with various solutions to easily access care. Members can receive services virtually via telemedicine through the app, through the Vitable partner network, or have a provider come in-home. It's important to note that initial visits are primarily routed through telemedicine, and upon further assessment if a follow-up visit is necessary a provider will either schedule a follow-up in-home visit, or schedule a follow up with one of our partners.



## Primary & Urgent Care:

Vitable's primary and urgent care offering provides access to comprehensive care for a wide array of health services. In addition to same and next-day virtual/in-home appointments, Vitable offers on-demand care team chat, making access to the care you need easy and effective.

Care pathways offers an easy and effective way for you and your family to manage your health. Through recurring examinations, asynchronous tools, scheduled lab work, and medication management you and your family access the tools to be the healthiest versions of yourself.

## Mental Health:

Our Mental Health plan makes personalized mental health treatment easy and discreet; members gain access to licensed therapists that help to diagnose, manage, and treat the mental illnesses that may be affecting your overall quality of life.

\* Vitable providers can prescribe the following medications to treat mental illnesses with SSRIs, SNRIs, 2nd Gen Antidepressants, TCAs. Members can receive up to a 30-day 1 time refill every 6 months of medications prescribed by an outside provider for members not using Vitable for primary management.

## Discounted Prescriptions:

Don't pay more than you need to for medication. Vitable provides huge discounts on prescriptions so you can treat a condition without breaking the bank. To access your discounted prescriptions, schedule a visit through Vitable, download the Vitable app, and claim your account.

Arthritis	Vitamins	Gout	Allergy
Cardiac	Women's Health	Migraines	Antacids
Diuretic	Men's Health	Muscle Relaxant	Anti-Viral
Diabetes	Mental Health	Pain	Blood Pressure
Ear Drops	Eye Drops	Thyroid	Anti-Coagulant

# Vitable | Primary Care

## Service:

## Network Providers

Annual Physicals	Included w/h Vitable Membership
Sports & School Physicals	Included w/h Vitable Membership
Sick Visits	Included w/h Vitable Membership
Flu Vaccines	Included w/h Vitable Membership
Chronic Condition Management and Screening	Included w/h Vitable Membership
Lab Tests (standard panels, UA, STI)	Included w/h Vitable Membership
Point of Care Tests (strep, covid, flu)	Included w/h Vitable Membership
Dermatology (acne, rashes, sunburns)	Included w/h Vitable Membership
Birth Control	Included w/h Vitable Membership
Hypertension (High blood pressure)	Included w/h Vitable Membership
Hyperlipidemia (High cholesterol)	Included w/h Vitable Membership
Type II Diabetes	Included w/h Vitable Membership
Asthma	Included w/h Vitable Membership
Depression	Included w/h Vitable Membership

# Vitable | Mental Health

## Service:

## Network Providers

Depressive Disorders	Included w/h Vitable Membership
Anxiety Disorders	Included w/h Vitable Membership
Trauma and Stressor-Related Disorders	Included w/h Vitable Membership
Autism Spectrum Disorders	Included w/h Vitable Membership
Grief and Loss	Included w/h Vitable Membership
Relationship Issues	Included w/h Vitable Membership
Anger Management	Included w/h Vitable Membership
Insomnia	Included w/h Vitable Membership
Care Pathways	Included w/h Vitable Membership
One-on-One Counseling	Included w/h Vitable Membership
Group Counseling	Included w/h Vitable Membership
Asynchronous Tools	Included w/h Vitable Membership
Recurring Examinations & Lab Work	Included w/h Vitable Membership
Medication Management	Included w/h Vitable Membership

# Vitable | Plans & Pricing

## Vitable + MEC | Group Pricing

1–49 Employees	\$1,500	250–499 Employees	\$4,000
50–99 Employees	\$2,000	500–749 Employees	\$4,500
100–249 Employees	\$3,000	750–999 Employees	\$5,000
1,000+ Employees			Custom

## Vitable | Group Pricing

1–9 Employees	\$399	25–49 Employees	\$1,199
10–24 Employees	\$799	50–99 Employees	\$1,499
100+ Employees			Custom

# Get in touch!



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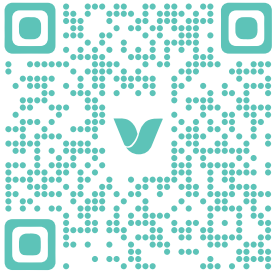


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